

Christine E. Reilly

- ADDRESS** 1115 Parson Curry Road
Malvern, Pennsylvania 19355
(610) 912-0971
- LICENSURE** Pennsylvania Psychologist: PS-006788-L - exp. 11-30-07
Pennsylvania Registered Nurse: RN-283551
California Registered Nurse: RN-440238
Delaware Registered Nurse: RN-958
- EDUCATION** 1986 B.S. University of Delaware
1987 M.S. University of Pennsylvania
1992 Ph.D. California School Professional Psychology: Clinical Psychology
1993 Post-Doctoral Fellowship: Center for Cognitive Therapy, University of Pennsylvania
- POSTGRADUATE APPOINTMENTS**
- 2005 Adjunct Professor
Villanova University
Villanova, Pennsylvania
Responsibilities:
Teaching psychological and psychopathological assessment, diagnosis and treatment of psychiatric disorders in medical and traditional mental health setting to graduate and undergraduate students
- 1996-present Clinical Consultant
Beck Institute for Cognitive Therapy & Research
Bala Cynwyd, Pennsylvania
Responsibilities:
Clinical supervision, training and education of post-doctoral students, interns, trainees and Fellows. Extramural supervisor of nurses, social workers, psychologists and psychiatrists.
- 1993-2005 Associate Professor (Tenured)
University of Delaware, College of Nursing
Newark, Delaware
Responsibilities:
Teaching psychological and psychopathological assessment, diagnosis and treatment of psychiatric disorders in medical and traditional mental health setting to graduate and undergraduate students; developed and implemented distance education program in cognitive therapy for nurses (web-based learning)
- 1996-2001 Consultant

Enhancing Recovery in Coronary Heart Disease (ENRICH):
Multi-site National Research Study on Post Myocardial Infarction (MI) patients,
Heart, Blood and Lung Association

Responsibilities:

Primary supervisor and educator for team of therapists across the country. These therapists are carrying out intervention of cognitive therapy for depressed MI patients.

1994-1996

Managed Care Consultant
Psychiatric Care Associates, U.S. Healthcare
Fort Washington, Pennsylvania

Responsibilities:

Consult with primary care physicians in the provision of mental health, develop and manage a program designed to improve assessment and identification of individuals struggling with medical adherence related to stress, depression, and/or anxiety, develop and implement a short term cognitive therapy protocol for treating patients in the primary care setting.

1992-1994

Staff Psychologist
University of Pennsylvania, School of Medicine:
Psychiatry Department, Philadelphia, Pennsylvania
Director: Aaron T. Beck, M.D.

Responsibilities:

Cognitive therapy of individuals and couples with primary psychiatric and/or personality disorders, psychological assessment, post-doctoral clinical supervision, HMO consultation

1992-1996

Psychological Consultant on Special Project
University of Pennsylvania, School of Nursing: Rehabilitation and Oncology
Division, Philadelphia, Pennsylvania

Responsibilities:

Consultation for clinicians and researchers providing services to medically compromised patients

POSTGRADUATE TRAINING APPOINTMENTS

1991-1992

Clinical Psychology Intern, Geisinger Medical Center
Danville, Pennsylvania

Responsibilities:

Behavioral medicine emphasis, neuropsychological and personality assessment, psychological consultation with medical patients, biofeedback, psychotherapy with individuals and families, primary care teaching.

1989-1991

Psychological Intern, University of California, San Diego
HIV Neurobehavioral Research Center
San Diego, California

Responsibilities:

Intake interviews, psychological interviewing, brief psychotherapy, crisis intervention, training and supervision of employees

1986-1987 Psychiatric Nursing Intern, Horizon House
Philadelphia, Pennsylvania
Responsibilities:
Mental status exams, intake work, treatment and discharge planning, individual,
group, and family therapy

HOSPITAL AND ADMINISTRATIVE APPOINTMENTS

1989-1991 Registered Nurse, Veteran's Administration Medical Center, Inpatient Psychiatry
La Jolla, California
Responsibilities:
Primary case management, group therapy, patient centered pharmacological
maintenance, management of psychiatric emergencies and assaultive behavior

1987-1989 Head Nurse, Veteran's Administration Medical Center,
Lebanon, Pennsylvania
Responsibilities:
Management of sixty bed psychiatric unit, supervision and evaluation of
employees, program development including the implementation of a family
support group

MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

1999-present Academy of Cognitive Therapy: Founding Fellow
1998-present Society for Education and Research in Psychiatric and Mental Health Nursing
1996-present Philadelphia Behavioral Therapists Association – President, 1997-1999, Board
member 1999 to present
1994-present Oncology Nursing Society
1992-present World Congress of Cognitive Therapy
1991-present Pennsylvania Psychological Association
1990-present American Psychological Association
1990-present Association for the Advancement of Behavior Therapy

AWARDS, HONORS, AND MEMBERSHIP IN HONORARY SOCIETIES

1996 Nomination for Excellence in Teaching Award
1995 Nomination for Excellence in Teaching Award
1990 Chairperson, Student Research Funding Committee, California School of
Professional Psychology
1987 Representative, Graduate Student Organization, University of Pennsylvania
1986 Sigma Theta Tau
1985 National Fellow for Nursing Research, University of Texas

PUBLICATIONS

First Author, Refereed Journal

Reilly C.E. & Beck, J.S. (September 2006). Nurses Integrate Cognitive Therapy Treatment Into Primary
Care: Description and Clinical Application of a Pilot Program. Topics in Advanced Practice Nursing.

Reilly C.E. & McDanel, H. (May 2005). Distance education: A Model Program for Training APNs. Journal of Psychosocial Nursing and Mental Health Services.

Reilly, C.E. & Lambrecht, M. (June 2001). The cognitive model: Interventions for improved patient/staff communication. Journal of Psychosocial Nursing.

Reilly, C.E. (Fall 2000). The role of emotion in cognitive therapy, cognitive therapists and supervision. Cognitive Behavioral Practice. 7, (3), 343-346.

Reilly, C.E., Sokol, L., & Butler, A.C. (Summer, 1999). A cognitive approach to understanding and treating anxiety. Human Psychopharmacology. (14), 1-6.

Reilly, C.E. (July, 1998). A satisfaction survey on distance education: A model for educating nurses in the cognitive treatment of patients with addictive disorders. Journal of Psychosocial Nursing and Mental Health Services. 36, (7), 38-41.

Reilly, C.E. (July-September, 1998). Cognitive therapy for the suicidal patient: A Case Study. Perspectives in Psychiatric Care, 34 (4), 26-31.

Reilly, C.E. (Winter 1998). Cognitive therapy for the treatment of codependency. Journal of Nursing Addictions.

Johnston, C.E. & Marder, L. (November/December 1994). Parenting the child with a chronic condition: An emotional experience. Pediatric Nursing, 20(6), 611-614. (Johnston primary contributor, Marder editorial consultant)

Johnston, C.E. & Tax, A. (October, 1994). Depression in the medically ill: How to assess and treat patients. MedSurg Nursing, 3(5), 400-402. (Johnston primary contributor, Tax editorial consultant)

Della Badia, E., Johnston, C.E. & Hardie, T.L. (December, 1995). Nonbiologic interventions in the treatment of depression and anxiety. Journal of the American Osteopathic Association, 95(12), 8-13. (All authors equal contributors)

Non-refereed Journal

Reilly, C.E. (1999). How to change your thinking. Coping Magazine.

Johnston, C.E. (Spring, 1994). Infertility and depression: The spectrum of emotional responses and ways to facilitate coping. Women's Health: Depression.

Poster Presentation

Butler, A.C.; Johnston, C.E. & Kohn, C. (November, 1997). Development of a Parental Pressure Scale. 31st Annual Association for Advancement of Behavior Therapy, Miami Beach, Florida.

Unpublished Paper

Johnston, Christine. "Cognitive Approach to Understanding and Treating Anxiety." 2nd International Symposium on Anxiety, London, England, March 20-22, 1998.

FUNDED GRANTS

Radford University Family Health Clinics & Reilly, C.E., with Beck Institute. (September 2005). Virginia Health Care Foundation. Integrating Cognitive Therapy in Primary Care. (\$74,000)

National Nursing Centers Consortium, Reilly, C.E. & McDanel, H., with Beck Institute (June 2005), van Ameringen Foundation, Inc. Evidence-Based Cognitive Therapy: Training Nurses to Care for Children. (\$54,000).

National Nursing Centers Consortium & Reilly, C.E., with Beck Institute (December 2003). The Pew Foundation, The Geriatric Cognitive Therapy Service Delivery Program. (\$188,000)

Reilly, C.E. (March 1998). Patricia Kind Family Foundation. Certificate Programs in Cognitive Therapy Two-Year Project (\$107,000). Project manager: Madeline Lambrecht, Division of Special Programs, College of Health and Nursing Sciences, University of Delaware.

Johnston, C.E. & Hardie, T. (January 1995). University of Delaware General University Research Fund Grant. Stress, Depression, Anxiety and Hostility: Psycho educational interventions versus stress management: (\$6,000). (Both authors were equal contributors)

SUBMITTED GRANTS

National Nursing Centers Consortium, Reilly, C.E. & McDanel, H., with Beck Institute (resubmitted December 2005), Health Resources and Services Administration (HRSA), Nurses, Cognitive Therapy and Technology: A System for Improved Patient Care. (\$911,000)

National Nursing Centers Consortium, Reilly, C.E. & McDanel, H., with Beck Institute (December 2004), Health Resources and Services Administration (HRSA), Nurses, Cognitive Therapy and Technology: A System for Improved Patient Care. (\$250,000/year, 5 years)

Reilly, C.E. (August 2003), Freedom From Fear, Sharon Davies Memorial Awards, Combating Nurses Stress.

Reilly, C.E., & Stuart, G.W. (May 2001), National Institute for Mental Health Depression and Health Status Post miscarriage.

Reilly, C.E. (December, 2000). American Foundation for Suicide Prevention. Assessment of Depression and Suicide Risk and Cognitive Therapy Interventions by Nurse Midwives.

Johnston, C.E. & Hardie, T. (October, 1995). National Institute of Justice. Officer and Family Stress Measurement and the Development of Peer Counseling: (Not Funded). (Both authors were equal contributors.)

SCHOLARLY PRESENTATIONS

International

Puerto Rico National Congress, San Juan, Puerto Rico, September 25, 2004, "Cognitive Therapy for Substance Abuse Integrating a Faith-Based Model."

Canadian Psychological Association, Mont Tremblant, Quebec, August 18, 2004, “Cognitive Therapy of Personality Disorders.”

Panama Canal Authority, Panama City, Panama, August 9-10, 2001, “Cognitive Therapy for Difficult Patients.”

Center for Cognitive Therapy, Sao Paulo, Brazil, July 26-30, 1999. “Basic Cognitive Therapy Training for Forty-two Brazilian Therapists.”

Kingston Psychiatric Hospital, Kingston, Ontario, March 27, 1998. “Cognitive Therapy: Efficacy-Based Treatment for Patients with Difficult Disorders”

2nd International Symposium on Anxiety, London, England, March 20-22, 1998. “Cognitive Approach to Understanding and Treating Anxiety.” (Unpublished paper submission.)

South American Congress of Cognitive Therapy, Porto Alegre, Brazil, March 13-14, 1998. “Cognitive Therapy of Personality Disorders”

University of Western Ontario & Stratford General Hospital: A Day in Psychiatry, Stratford, Ontario, September 26, 1997, “Cognitive Therapy for Difficult Patients”

British Association for Behavioral & Cognitive Psychotherapies, Canterbury, England, July 18, 1997, “Cognitive Therapy Basics: A One Day Workshop” (co-presenter with Aaron T. Beck, MD)

National

DC Department of Mental Health Training, Washington, D.C., November 17, 2006, “Cognitive Therapy for Schizophrenia.”

Mental Health Association in Southwestern New Jersey, Camden, NJ, May 6, 2006, “Introduction to Cognitive Therapy.”

DC Department of Mental Health Training, Washington, D.C., April 21, 2006, “Introduction to Cognitive Behavioral Therapy and Depression.”

American Academy of Nurse Practitioners, Philadelphia, PA, November 11, 2005, “Cognitive Therapy in a Primary Care Setting.”

DC Department of Mental Health Training, Washington, DC, November 7, 2005, “Cognitive Therapy for Personality Disorders.”

Baptist Hospital of Miami, Miami, FL September 28, 2005, “Mental Health Conference Series: Cognitive Behavior Therapy in the Medical Patient - Focus on Anxiety and Depression.”

DC Department of Mental Health Training, Washington, DC, May 13, 2005, “Cognitive Therapy Basics and Cognitive Therapy for Depression.”

Valeo Community Residence Program, Kansas City, Missouri, April 1, 2005, “Advanced Cognitive Therapy in a Residential Treatment Setting.”

Summit Pointe Community Mental Health Center, Kalamazoo, Michigan, July 19-21, 2005, “Cognitive Therapy for Bipolar Disorder; Borderline Personality Disorder; Substance Abuse; Schizophrenia.”

Summit Pointe Community Mental Health Center, Kalamazoo, Michigan, July 12-14, 2005, “Cognitive Therapy Basics, Cognitive Therapy for Depression and Cognitive Therapy for Anxiety and Panic.”

DC Department of Mental Health Training, Washington, DC, June 24, 2005, “Cognitive Therapy for Anxiety and Panic.”

DC Department of Mental Health Training, Washington, DC, May 13, 2005, “Cognitive Therapy Basics and Cognitive Therapy for Depression.”

Valeo Community Residence Program, Kansas City, Missouri, April 1, 2005, “Advanced Cognitive Therapy in a Residential Treatment Setting.”

Valeo Community Residence Program, Kansas City, Missouri, November 18-19, 2004, “Cognitive Therapy in a Residential Treatment Setting.”

National Nursing Centers Consortium (NNCC), Nashville, Tennessee, October 15, 2004, “Cognitive Therapy in a Primary Care Setting.”

American Cancer Society, Austin, Texas, August 12, 2004, “Cognitive Therapy for Smoking Cessation.”

Touchstone Innovare, Grand Rapids, Michigan, March 10, 2004, “Cognitive Therapy and Disease-State Management.”

Fifth Annual Advance Practice Nurse (APN) Workshop, November 13, 2003, Princeton, NJ, “Cognitive Therapy in an Inpatient Setting.”

National Nursing Centers Consortium with the US. Department of Health & Human Services, Baltimore, Maryland, November 9-10, 2003, “Cognitive Therapy and Mental Health.”

State of New Jersey, Department of Human Services, Princeton, New Jersey, November 7 – 13, 2003. “Cognitive Therapy for Advanced Practice Nurses.”

OHEP Center for Medical Education, November 1, 2003, Michigan, March 29, 2002, “Cognitive Therapy for Personality Disorders.”

Kahi Mohala Behavioral Healthcare System, Ewa Beach, Hawaii, August 7-11, 2000, “Cognitive Therapy in an Inpatient Setting.”

Meridian Health System/Riverview Medical Center, Red Bank, New Jersey, April 1999 – September 1999, “Hospital-wide Training.”

St. Vincent’s Medical Center, Staten Island, New York, January 1999 – June 1999, “Hospital-wide Training.”

St. Patrick Hospital's Behavioral Health Services, Lake Charles, Louisiana, September 18, 1998, "Advances in Cognitive Therapy."

Washington State University, Spokane, Washington, June 26, 1998, "Cognitive Behavior: Managing Depression in Clinical Practice."

1st Annual Conference for Nurse Psychotherapists, Baltimore, Maryland, April 4, 1998. "Cognitive Therapy: An effective short-term treatment for a managed care environment."

Counseling and Psychological Services: Northwestern University, Evanston, Illinois, December 5, 1997, "Cognitive Therapy for University Students."

Indiana Psychological Association, Indianapolis, Indiana, November 8, 1997, "Cognitive Therapy: Efficacy-Based Treatment for Patients Struggling with Difficult Disorders."

St. Patrick Hospital's Behavioral Health Services, Lake Charles, Louisiana, June 13, 1997, "Cognitive Therapy: Preparing for Practice in a Managed Care Environment."

Private Industry Council & American Psychological Association, New York, New York, February 6, 1997, "Mental Health and Employee Readiness."

University of Maryland, Department of Psychiatry, Baltimore, MD, October 28, 1996, "Cognitive Therapy with Difficult Patients"

Connecticut Psychological Association, EastHartford, CT, October 5, 1996, "Short-term Cognitive Therapy for Primary Care Patients"

Medical Center at Princeton, Princeton University, Princeton, NJ, September 19, 1996, "Cognitive Therapy Techniques with the Self-Destructive Patient."

VA Cooperative Health Education Program, Prescott AZ, July 12, 1996, "Cognitive Therapy: Interventions for Difficult Disorders."

The Medical Center, Princeton NJ, June 1996, "The Challenge of Brief Therapy within a Managed Behavioral Healthcare Model."

U.S. Army Behavioral Science Short Course, San Diego, CA, March 17-22, 1996, "Assessment and Short Term Cognitive Behavioral Therapy from a Managed Care Perspective."

Psychiatric Nursing State of the Art, Ohio State University, January 1994, "Exploration of Depressive Symptomatology in the Medically Compromised Patient."

Twelfth Annual Society of Behavioral Medicine, Washington, D.C., March 1991, "Interpersonal Social Competence: Five Domains and Their Association with Loneliness and Social Support."

APA Internship Application Workshop, San Diego, CA, April 1991, "Application Process for APA Pre-Doctoral Internships."

Research Grant Funding Seminar, San Diego, CA, May 1991, "Locating and Applying for National and Local Research Grants."

Regional/Local

The Mental Health Association in Southwestern New Jersey, Mt. Laurel, New Jersey, May, 5, 2006, "Cognitive Therapy for Adolescents."

Elwyn, Glen Riddle, Pennsylvania, March 3, 2006, "Cognitive Therapy Training"

American Academy of Nurse Practitioners, Philadelphia, Pennsylvania, November 11, 2005, "Cognitive Behavioral Therapy in a Primary Care Setting."

Elwyn, Media, Pennsylvania, September 12 - October 24, 2005, "Cognitive Therapy Training Series."

Health Disparities Collaborative Project, Philadelphia, Pennsylvania, February 26, 2005, "Using Cognitive Therapy in a Primary Care Setting."

Community College of Philadelphia, Philadelphia, Pennsylvania, February 25, 2005, "Cognitive Therapy: Uses for Faculty."

Project Salud, Kennett Square, Pennsylvania, January 14, 2004, "Cognitive Therapy with Smoking Cessation."

East Falls Clinic, East Falls, Pennsylvania, January 13, 2004. "Cognitive Therapy in Advanced Practice."

Planned Parenthood Clinic, Fort Washington, Pennsylvania, November 2003, "Cognitive Therapy in Practice."

Regional Nursing Centers Consortium, Greater Philadelphia area, February, 2002-January, 2003, "Cognitive Therapy Training for Nurse Practitioners."

Wellspan Behavioral Health, York, PA, April 14, 2002. "Cognitive Therapy of Eating Disorders."

Mental Health Association in Southwestern New Jersey, Camden, New Jersey, June 7, 2001. "Cognitive Therapy of Panic and Anxiety."

Community School, Delaware County Intermediate Unit, Ardmore, PA, February 2000 - August 2000, "Implementing Cognitive Therapy in a School Environment."

Northwestern Institute, Fort Washington, PA, September 1999 – April 2000, "Cognitive Therapy in an Inpatient Setting."

Pacific Institute for Research and Evaluation, Philadelphia, PA, July 31, 1998, "Cognitive Therapy and Multicultural Issues."

University of Delaware, Newark, DE, April 17, 1998, "Innovative Healthcare for the 21st Century: An Introduction for Cognitive Therapy."

Sixth Annual Psychiatry Symposium, Lehigh Valley Hospital, Allentown, PA, April 15, 1998, "Helping adolescents and families in a managed care environment: the Cognitive Therapy solution."

University of Pennsylvania School of Nursing, Philadelphia, PA, December 1, 1997, "Cognitive Therapy in Clinical Practice."

Glaucoma Service Foundation to Prevent Blindness, Philadelphia, PA, June 8, 1997, "Emotional Difficulties While Living with Glaucoma."

Belmont Behavioral Health, Philadelphia, PA, May 29, 1997, "Cognitive Therapy in a Managed Care Environment."

Bryn Mawr Family Practice and Residency Program, Bryn Mawr, PA, January 20, 1997, "Assessing and Treating Anxiety Disorders."

Wellness Community, Philadelphia, PA, January 10, 1997, "Update on Psychological Research on Cancer."

Philadelphia Behavior Therapy Association, Philadelphia, PA, December 12, 1996, "Cognitive Therapy in Primary Care Practices."

Advanced Practice Nursing Association, Philadelphia, PA, December 7, 1996, "How to Provide Clinical Supervision."

York Behavioral Health Education Series, York, PA, June 1996, "Cognitive Therapy for Borderline Personality Disorders."

Pennsylvania Psychological Association Annual Convention Philadelphia, PA, June 18-21, 1996, "Cognitive Therapy: Basics and Beyond."

The Beck Institute for Cognitive Therapy and Research Extramural Training Workshop, October 29-30, 1994, "Basic Principles for Cognitive Therapy"

US Health Care Outpatient Provider Network Psychiatric Care Associates, October 7, 1994, Achievement and Guidance Centers, October 13, 1994. "Cognitive Theory: An Overview"

Delaware Nurses Association, Newark, DE, November 1993: "Depression in the 90's"

Delaware Nurses Association: United States Army Continuing Education Wilmington, DE, June 1993: "Cognitive Therapy of Codependency."

Center for Advancing Care for Serious Illness, Philadelphia, and PA March 1993: "Cognitive Conceptualization of Depression in Medical Populations."

MEDIA PRESENTATIONS

Community Close-Up, Suburban Channel 13, Washington Township, New Jersey, January 21, 1997, "Coping with Post-Holiday Blues."

For Your Health, WXPB-88.5, FM, Philadelphia, PA, December 15, 1996, "Coping with Holiday Stress."

Paul Perrillow Show, Comcast Cablevision of Philadelphia, Philadelphia, PA, August 27 1996, "Cognitive Therapy: Effective Brief Treatment".

Medical Broadcast Company, Philadelphia, PA, August 17, 1996, "Cognitive Therapy and Depression."

Tameka Murray Show, WHYI-FM, 90.0, Philadelphia, PA, August 12, 1996, "Employer Stress in the Workplace".